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# About the author

Catherine McGregor is an author, executive coach, and management consultant. She has worked for a range of legal publications and now coaches and consults for legal departments and law firms around the world. She is the author of the successful book focused on the business of law for legal departments, *Business Thinking in Practice for In-House Counsel: Taking Your Seat at The Table* (Globe Law & Business 2020). The book focuses on the application of human-centred business skills by legal departments and has received numerous accolades.

Catherine spends most of her time working with executive leadership and chief legal executives, where she leads professional and executive development and executive coaching efforts, working with many Global 100 and Fortune 500 legal departments. Much of her work in talent development is now focused on developing the skills that professionals will need to master opportunities in the Exponential Age in blending human work with AI and other technologies. Together with her colleague, Lloyd M Johnson Jr, she has developed the nine Exponential Age mindset attributes and uses these as the basis for her leadership development and training programs.